St. Andrews Scots Sr. Sec. School

9th Avenue, I.P. Extension, Patparganj, Delhi – 110092
Session: 2026- 2027

Notes

Class - IX **Subject - English** **Topic: The world of limitless possibilities**

Answer the following questions:

1. What values are reflected in Dr. Malik's advice?
Ans. The advice reflects values of self-confidence, perseverance, resilience, and social responsibility. It emphasises dignity, respect for diversity, and encouraging others. Challenges are reframed positively, promoting ethical behaviour, empathy, and support for individuals facing difficulties.

2. Why does the interviewer describe Dr. Malik's story as inspirational?
Ans. The interviewer recognises that Dr. Malik's perspective transforms challenges into strengths. Her emphasis on resilience, self-belief, and supporting others demonstrates courage and leadership. Her advice motivates individuals to overcome setbacks and highlights the broader impact of personal growth and social inspiration.

3. What concept is reflected in Dr. Malik's belief that "youth is the voice of tomorrow"?
Ans. Dr. Malik highlights the concept of social responsibility and empowerment. Youth are seen as agents of change who can promote inclusivity, inspire others, and create a society where equality and dignity are valued, demonstrating the importance of nurturing potential and leadership among young people.

4. What is the central theme of Dr. Malik's interview?
Ans. The central theme of Dr. Malik's interview is resilience and empowerment. Dr. Malik emphasises that setbacks are opportunities to grow, that disability is a strength, and that individuals can inspire others through determination, self-belief, and perseverance, promoting personal and societal growth.

Answer the following questions in detail:

Q. Analyse the character of Dr. Malik based on her interview with reference to the chapter.
Ans. Dr. Malik is a highly resilient, empathetic, and inspirational individual. She views challenges and disabilities not as limitations but as opportunities to grow, demonstrate strength, and motivate others. Through her achievements and advocacy work, she promotes inclusivity and awareness about disability. She believes in showing leadership through guidance rather than authority. Dr. Malik demonstrates self-confidence, determination, and optimism, emphasizing the importance of support systems and perseverance. Her ability to turn personal setbacks into lessons for society illustrates her visionary mindset. Overall, Dr. Malik embodies courage, compassion, and empowerment, inspiring individuals to overcome obstacles, uphold dignity, and contribute positively to society, making her a role model for resilience and ethical leadership.

Q. Imagine you are a student who attended a session by Dr. Deepa Malik. Write a diary entry describing your reflections on her talk, focusing on the lessons you learned, the values she emphasised, and how her insights can inspire you to face challenges.

Ans.

Date: 1st March 20XX, 9:00 pm

Dear Diary,

Today I attended an inspiring session by Dr. Deepa Malik. Her words about turning setbacks into opportunities truly moved me. She emphasized resilience, self-belief, and the importance of a support system. I learned that disability is not a limitation but a strength waiting to be unleashed. Her advice to embrace challenges, stay determined, and inspire others has motivated me to approach difficulties positively. I feel encouraged to be empathetic, promote inclusivity, and use my journey to help and motivate others. I hope to apply these lessons in my studies and daily life, becoming stronger and more responsible.